

ATHLETIC PHYSICAL & PARENT CONSENT

2023-2024

Calvary Christian Academy
1771 E. Palomar Street, Chula Vista, CA 91913
Phone: (619) 591-2260 Fax: (619) 591-2261

Student's Name _____ / _____ / _____

(Last) (First) (Sex / Birthdate / Grade)

Circle the sports(s) that you will be playing:

Elementary: Fall: Boys Flag-Football / Girls Volley-Tennis Winter: Boys/Girls Basketball Spring: Coed Soccer
Middle School: Fall: Boys Flag-Football / Girls Volleyball Winter: Boys/Girls Basketball Spring: Coed Soccer

Address _____ **City/State** _____ **Zip** _____

Mother Address: (if different)	Home #	Father Address: (if different)	Home #
Work #	Cell #	Work #	Cell #

Emergency Contact: _____ Home # _____ Work # _____

Ins. Co. _____ Family Dr. _____
Tel. # _____

Policy # _____ Height: _____ Weight: _____ BP: _____
Vision: _____ R _____ L _____

Parents: Please Complete	Physician: Please Complete
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HEALTH HISTORY	NO	YES-COMMENT	VITALS	-	+ - COMMENT
Chronic Illness			Abdomen		
Current medications			Elbows		
Dental appliances			Feet/Toes/Ankles		
Hearing defects			Head		
Have you ever had heat cramps?			Heart		
Passed out during exercise (heat)?			Hips / Pelvis		
Dizzy during exercise (heat)?			Knees		
Ever had chest pain?			Lungs		
Do you tire easily when exercising?			Shoulders		
Ever had high blood pressure?			Spine		
Have you ever had a heart murmur?			Wrist/Hnds/Fngrs		
Racing heart or skip a beat?					
History of family heart problems?			Sports Participation: Yes ___ No ___		
Family history of Marfan's Syndrome?			Limitations:		
Do you have any skin problems?					
Have you ever had a head injury?			Further evaluation required: Yes ___ No ___		
Have you ever been knocked out?					
Have you ever had a seizure?					
Have you ever had a stinger?					
Do you use special pads or braces?					
Have you ever had:			Physician signature _____ Date _____		

Have you ever had:
 Mononucleosis Diabetes Measles Hemia(s)
 Hepatitis Headaches Asthma Ulcers
 Eye Injuries Ear Injuries Tuberculosis

For females:

When was your first period and how old were you? _____
 When was your last period? _____
 Are your periods: ___Regular/Monthly ___Irregular/skip months

Please feel free to ask the doctor to address any questions/concerns that you may have. All discussions are kept confidential.

TO REPLY BY FAX: (619) 591-2261

x _____
 Parent / Guardian signature _____ Date _____

Student's Name

[Last]

[First]

[Sex]