

# ATHLETIC PHYSICAL & PARENT CONSENT

2022-2023

Calvary Christian Academy  
1771 E. Palomar Street, Chula Vista, CA 91913  
Phone: (619) 591-2260 Fax: (619) 591-2261

**Student's Name** \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

(Last) (First) (Sex / Birthdate / Grade)

Circle the sports(s) that you will be playing:

**Elementary:** Fall: Boys Flag-Football / Girls Volley-Tennis Winter: Boys/Girls Basketball Spring: Coed Soccer

**Middle School:** Fall: Boys Flag-Football / Girls Volleyball Winter: Boys/Girls Basketball Spring: Coed Soccer

**Address** \_\_\_\_\_ **City/State** \_\_\_\_\_ **Zip** \_\_\_\_\_

Mother Address: (if different)	Home #	Father Address: (if different)	Home #
Work #	Cell #	Work #	Cell #

Emergency Contact: \_\_\_\_\_ Home # \_\_\_\_\_ Work # \_\_\_\_\_

Ins. Co. \_\_\_\_\_ Family Dr. \_\_\_\_\_  
Tel. # \_\_\_\_\_

Policy # \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_ BP: \_\_\_\_\_  
Vision: \_\_\_\_\_ R \_\_\_\_\_ L \_\_\_\_\_

**Parents: Please Complete** **Physician: Please Complete**

HEALTH HISTORY	NO	YES-COMMENT	VITALS	-	+ - COMMENT
Chronic Illness			Abdomen		
Current medications			Elbows		
Dental appliances			Feet/Toes/Ankles		
Hearing defects			Head		
Have you ever had heat cramps?			Heart		
Passed out during exercise (heat)?			Hips / Pelvis		
Dizzy during exercise (heat)?			Knees		
Ever had chest pain?			Lungs		
Do you tire easily when exercising?			Shoulders		
Ever had high blood pressure?			Spine		
Have you ever had a heart murmur?			Wrist/Hnds/Fngrs		
Racing heart or skip a beat?					
History of family heart problems?			Sports Participation: Yes ___ No ___		
Family history of Marfan's Syndrome?			Limitations:		
Do you have any skin problems?					
Have you ever had a head injury?			Further evaluation required: Yes ___ No ___		
Have you ever been knocked out?					
Have you ever had a seizure?					
Have you ever had a stinger?					
Do you use special pads or braces?					
Have you ever had:			Physician signature _____ Date _____		

Have you ever had:  
 Mononucleosis     Diabetes     Measles     Hemia(s)  
 Hepatitis     Headaches     Asthma     Ulcers  
 Eye Injuries     Ear Injuries     Tuberculosis

**For females:**

When was your first period and how old were you? \_\_\_\_\_  
 When was your last period? \_\_\_\_\_  
 Are your periods: \_\_\_Regular/Monthly \_\_\_Irregular/skip months

Please feel free to ask the doctor to address any questions/concerns that you may have. All discussions are kept confidential.

**TO REPLY BY FAX: (619) 591-2261**

x \_\_\_\_\_  
Parent / Guardian signature \_\_\_\_\_ Date \_\_\_\_\_

Student's Name

(Last)

(First)

(Sex)